

## **MOVE ON THE FIVE ELEMENT RUN – RULES & REGULATIONS**

### Rules & Regulations

1. Participants who opt for the Move On THE FIVE ELEMENT RUN – WOOD , you will have to complete the challenge: 1<sup>ST</sup> JULY 2020. ( WEDNESDAY ) till 31<sup>ST</sup> JULY 2020 ( FRIDAY ).
2. Participants must join the race and complete the 5 km, 20 km or 50 km Run within the contest period. ( it can be accumulate basis )
3. Participants must complete the run and your race data will be uploaded onto the system automatically after your run and press on the stop button (hold it for 3 seconds) in the MOVE ON app. Or update manually to MOVE ON app.
4. Participants are encouraged to post photos onto Instagram or Facebook accounts along with the following hashtags: #MOVEON and #MoveOnVirtualRun. Tag us in Instagram: MoveOnRun and Facebook: MoveOnRun to tell us about your virtual run experience.
5. Finisher medals and t-shirts will be delivered to participants within 4 weeks after campaign end via courier if there any causes from the organizer on the event date.
6. Delivery of entitlements will be mailed directly to the registered mailing address provided by the participant during registration. Please provide an accurate mailing address. Any additional cost incurred due to the return of parcel from POS or failure to deliver are to be borne by the participant.
7. Self-collection is not allowed. All participants are advised to wait for their finisher medal and t-shirt to be delivered to them
8. All participants are advised to wait for finisher medals to be delivered to them.