## BLOOD DONOR VIRTUAL RUN – RULES & REGULATIONS

## Rules & Regulations

- 1. Registration of participants through MOVE-ON app is from 1st May 15th June 2021.
- For students/staffs of UTM & UPM, please fill in name's part follow by College, University, Matric/Staff Number (in short form) for merit/cpd point. Example: ALI BIN ABU KTR UTM A18SC0000 AHMAD BIN BAKAR K10 UPM 210777
- 3. Participants who registered for Blood Donor Virtual Run will have to submit the evidence from 1st May 2021. (SATURDAY) to 30th June 2021 (WEDNESDAY).
- 4. Participants must complete the run and your race data will be uploaded onto the system automatically after your run and press on the stop button (hold it for 3 seconds) in the MOVE-ON app. Or update manually to MOVE-ON app.
- 5. Participants are responsible for their own risk and the Organiser, Collaborators, and Sponsors will not be responsible or held liable for any accident, injury, damage, death, or other loss however arising during the participation in the event. Participants must accept and understand that he/she must have the physical fitness suitable for the distance (5km), by the day of the registration.
- 6. Participants are encouraged to check the weather forecast if running or walking outdoors. Please avoid rain or extremely hot weather. Participants are not allowed to run or walk in a crowd and participants are encouraged to carry out social distancing and follow the Standard Operating Procedures (SOPs).
- 7. There are no designated running or walking routes for this event. Participants can choose their route and location. Participants are encouraged to choose a route that is safe and has a strong GPS signal. Participants are advised to follow all applicable laws and government guidelines in their state or local government area for COVID-19 and generally use safe pedestrian practices when on the roads.
- 8. There will be no awards or prizes as this is a charity event in conjunction with World Blood Donor's Day 2021.
- 9. Merchandise (medal, t-shirt, e-bib, and e-certificate) will only be delivered to the participants who have fully submitted proof of runs and meet the target distance (5km) within 4-6 weeks after the event ends via courier.
- 10. Delivery of merchandise will be sent directly to the registered mailing address provided by participants during registration. Please provide an accurate mailing address. Any additional cost incurred due to the return of parcel from POS or failure to deliver is to be borne by the participant.
- 11. Self-collection is not allowed. All participants are advised to wait for their finisher medal to be delivered to them.