

## **AYUH SELANGOR VIRTUAL DISTRICT RUN – HULU LANGAT RULES & REGULATIONS**

### Rules & Regulations

1. Participants who opt for Ayuh Selangor CVirtual District Run – Hulu Langat will have to complete the challenge from 01<sup>st</sup> Aug 2022 (Monday) till 31<sup>st</sup> Aug 2022 (Wednesday).
2. Participants must join the race and complete the 10km Running within the contest period. (it can be accumulate basis)
3. Participants must complete the run and your race data will be uploaded onto the system automatically after your run and press on the stop button (hold it for 3 seconds) in the MOVE-ON app. Or update manually to MOVE-ON app.
4. Participants are encouraged to post photos onto Instagram or Facebook accounts along with the following hashtags: #iamaries #MOVEON #MoveOnVirtualRun. Tag us in Instagram: MoveOnRun and Facebook: MoveOnRun to tell us about your virtual run experience.
5. Racekit will be delivered to participants after event end.
6. Delivery of entitlements will be mailed directly to the registered mailing address provided by the participant during registration. Please provide an accurate mailing address. Any additional cost incurred due to the return of parcel from POS or failure to delivery are to be borne by the participant.
7. Self-collection is not allowed. All participants are advised to wait for their finisher kits to be delivered to them
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